

HOSHIKI MONTHLY

December / January 2011

I hope everyone had a wonderful Christmas and that you are all enjoying the holidays.

2010 has been an extremely busy & satisfying year with many landmark events for Hoshiki being realised & some great connections, some from the past & the wider martial arts community & some from within our style being made. 2011 promises to be an even greater year with a vision to introduce some Brazilian Jui Jitsu / Mixed Martial Arts techniques into our curriculum to strengthen our all round combative skills & Sunday kickboxing to be run every week with a view to training more people for competition or for those who just want to improve their fitness & fighting skills.

I will also be travelling to Hong Kong for 2 weeks in the middle of the year to spend as much time as possible training with less familiar styles such as traditional Kung fu, Brazilian Jui Jitsu & MMA as well as learning from some of the top boxing & Thai trainers. And I will be developing the 5th Dan grading syllabus after I return using some of the knowledge attained.

We are also looking forward to some extremely important gradings next year such as a 3rd dan, 2nd dan & possibly a 1st dan grading as well as senior Black Belt gradings.

COMMENCEMENT DATES FOR 2011

Monday afternoon class - Class resumes on 31st January 2011

Wednesday night class - Class resumes on 2nd February 2011

Saturday morning class - Class resumes on 5th February 2011

END OF YEAR CHRISTMAS PARTY

Thank you to everyone for making the end of year BBQ the most successful for over a decade. With over 80 members, family & friends in attendance the day was fantastic with "Chic" pumping out the tunes & Ash running the face painting everyone was able to socialise & relax away from the formality of the Dojo.

Thankyou to “Chic” for coming along to play – you girls ROCK! And to their ‘roadies’ the Strodder family for setting up and packing up and also to their manager Scott for your time and support to the band. Thankyou to Ash for the fabulous face painting and thankyou also to Adrian Brown for running the BBQ – great job as always!

Congratulations to our award winners for 2010



Mel – Most Consistent, Jane – Most Determined, Dai Sempai Bill – Black Belt of the Year (in honour of Sempai Lulyeta), Andy – Club Champion, Jim – Most Improved, Jasper – Most Determined, Zac – Most Improved, Luke – Most Disciplined, Mandy – Most Consistent, Sabina – Club Champion.

RENSHI MATT

Usually when someone begins their own style they adopt a higher title from their previous one as they are now a founder and chief instructor. I chose not to do this when I began Hoshiki back in 1995 until I felt my style was well established. Given that I have had the title of Sensei for 18 years now and that we have recently had our 15th anniversary and some recognition from the wider martial arts community I have been awarded the title of Renshi. This new title means “polished and tempered” & also refers to an instructor who has an indepth knowledge of their particular art.

GRADING RESULTS

JUNIORS

Congratulations to Lachlan, Jackson, Coby & Conall on attaining their 9th Kyu (yellow bars).



Congratulations to Blake, Jackson, Nick, Abbey & Sharlotte on attaining their 7th Kyu (green bars).



Congratulations to Cassidy, Danny, Zac & Nathan on attaining their 5th Kyu (red bars).



Congratulations to Elly, Taylor, Mia Alana, Thomas, Jasper, Natalie, Mandy, Jess, Jude & Riley on attaining their 3rd Kyu (brown bars).



SENIORS

Congratulations to Paul & Brad on attaining their 9th Kyu (yellow bars).



Congratulations to Delphine on attaining her 8th Kyu (yellow belt) and to Jeff on attaining his 6th Kyu (green belt).



Congratulations to Alasdair, Jim, Rick & Steve on attaining their 6th yu (green belt).



UPCOMING GRADINGS FOR MARCH

Juniors

- Rebecca will be attempting her 9th Kyu (yellow bars)
- Lachlan, Jackson O, Coby, Conall & Adam and Jackson B, Fynn & Tommy will all be attempting their 8th Kyu (yellow belt)
- Luke & Fletcher and Riley & Jordan will all be attempting their 7th Kyu (green bars)
- Zac, Danny, Cassidy & Nathan will all be attempting their 4th Kyu (red belt)

Seniors

- Ori, Brad & Paul will all be attempting their 8th Kyu (yellow belt).

TRAINING TIP

IT IS IMPORTANT OVER THE 6 WEEK BREAK TO UNDERTAKE YOUR OWN TRAINING. IT IS YOUR RESPONSIBILITY TO ENSURE THAT WHEN WE RETURN TO TRAINING YOUR STANDARD IS EQUAL TO OR HIGHER THAN WHEN WE BROKE UP BEFORE CHRISTMAS. THIS IS ESPECIALLY IMPORTANT FOR KATA AS WE DON'T WANT TO HAVE TO RE-LEARN WHAT HAS ALREADY BEEN LEARNT.

QUOTE OF THE MONTH:

“Keeping to the main road is easy but people love to get side-tracked.”

*See you at training,
RENSHI MATT*



